



Chris Barnes RGN BSc (Hons)

Nurse Advisor

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✉: healthservice@city.ac.uk

🌐: <http://www.city.ac.uk/current-students/health-wellbeing-sport/student-health-service>

HEALTH INFORMATION FOR STUDENTS

The Student Health Service

City has a nurse-led service available to all students. We provide a drop-in clinic for advice with minor illness/injury, general health information and contraceptive advice including issuing free condoms. Emergency contraception is also available and in some cases we can prescribe other medication.

How to see the nurse?

Appointments available in the morning only **09:30 – 11:30**

Drop-in times 13:00-15:00 - no appointment necessary

How to contact us?

We are located in the Health and Wellbeing Centre, Level 1, Drysdale Building, Northampton Square. London EC1V 0HB (just past Santander Bank)

☎ 020 7040 5999

✉ healthservice@city.ac.uk

Registering with a General Practitioner (GP)

It is very important that you are registered with a local GP (family doctor) during your time in London. If your former GP's practice is outside London he/she will not be in a position to offer you emergency home visits.

The GP practice with close links to City, University of London is:

The Clerkenwell Medical Practice, Finsbury Health Centre 17 Pine Street, London EC1R 0LP

☎ +44 (0)20 7833 5906

If you wish to register with the Clerkenwell Practice please complete the online registration form.

<http://www.clerkenwellmedicalpractice.org.uk/new-patients/>

You are at liberty to register with any other practice if you wish. Visit the NHS Choices website, you will need to enter the postcode for where you are living and it will generate a list of GP practices in the locality.

<http://www.nhs.uk/service-search>

Get protected against Meningococcal Disease (Meningitis)

Meningococcal disease is a serious infection which can affect students. If you are aged 24 or under and attending University for the first time we strongly recommend you have a **Men ACWY Vaccine** if you had not had one already.

The vaccine is available at the Health Service by appointment or via your GP. You are reminded that you should also make sure that you have all other UK recommended immunisations and particularly the **MMR** (measles mumps and rubella) this vaccine is also available at the Health service or from your GP.

<http://www.nhs.uk/Conditions/vaccinations/Pages/men-acwy-vaccine.aspx>

If you have any queries concerning health care and registration with doctors please contact the receptionist in the Health Service who will be happy to answer your queries. We look forward to seeing you at the Health Service and wish you a happy and successful time at City University London.

Chris Barnes RGN BSc (Hons)
Nurse Advisor for Student Health

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OTHER SERVICES FOR HEALTH ADVICE

COMPANY	ADDRESS	TELEPHONE	OPENING HOURS
NHS DIRECT	-	111	24 Hours
AMBULANCE	-	999	24 Hours
Minor Injuries Unit (St Bartholomew's hospital)	St Bartholomew's Hospital West Smithfield London, EC1Z 7BE	+44 (0)203 465 5869 +44 (0)203 465 6843 +44 (0)203 416 5000	Monday - Friday 8am – 4pm
Angel Medical Practice NHS Walk-in Centre	Ritchie Street Group Practice 34 Ritchie Street London, N1 0DG	+44 (0)20 7837 1663	Monday – Friday 8am – 8 pm Saturday, Sunday and Bank Holidays 9am- 6pm
Accident & Emergency Department	University College Hospital 235 Euston Road London, NW1 2BU	+44 (0)845 155 5000	24 Hours
Accident & Emergency Department	The Royal London Hospital Whitechapel Road London, E1 1BB	+44 (0)207 377 7000	24 hours
City University Student Counselling Service	Drysdale Building Level 1 E112 City University London Northampton square London, EC1V 0HB ✉ coun@city.ac.uk ✉ mentalhealth@city.ac.uk	+44 (0)207 040 8094	Monday – Friday 9 -5
City Sight Eye Tests for Students	Tait Building Level 2 City University of London Northampton square London, EC1V 0HB ✉ citysight@city.ac.uk	+44 (0)20 7040 8338	Monday – Friday 9am-5pm
The Samaritans	www.samaritans.org ✉ jo@samaritans.org	116 123 (UK + ROI)	Freephone (Helpline) 24 Hours
Nightline	www.nightline.org.uk ✉ listening@nightline.org.uk	+44 (0)20 7631 0101	Freephone (Helpline) 6pm - 8am
BEAT Eating Disorders	www.b-eat.co.uk ✉ help@b-eat.co.uk	+44 (0)808 801 0677 or TEXT: 07717989900	365 days a year 4pm – 10pm
Victim Support	Your local Victim support line can be found by accessing Victim supports Website: www.victimsupport.org.uk	+44 (0)808 168 9111 +44 (0)808 168 9293	Weeknights 8pm – 8am and Weekends Saturday 5pm – Monday 8am Victims Information Service 24/7
Sexual Health Clinic (St Bartholomew's Sexual Health centre)	1st Floor Kenton and Lucas Wing, St Bartholomew's Hospital West Smithfield London, EC1A 7BE	+44 (0)20 3465 5060 +44(0)20 7377 7650	Please see this link for opening hours: www.bartssexualhealthbooking.nhs.uk You can also book your appointment online using this link
Family Planning association	www.fpa.org.uk To find a clinic please go onto the link	-	Dependant on which clinic you choose to attend
FRANK National Drugs Helpline	www.talktofrank.com	+44 (0)300 123 6600 or TEXT: 82111	Freephone (Helpline) 24 Hours
Drink Aware	www.drinkaware.co.uk Finsbury Circus (Salisbury House) 3rd Floor (Room 519) London, EC2M 5QQ	+44 (0)300 123 1110	Freephone (Helpline) 24 Hours
The Mix	www.themix.org.uk Essential support for under 25s	+44 (0)808 808 4994	Freephone (Helpline) 11am - 11pm