

SUSTAINABLE TRAVEL DECISION AID

City has committed to becoming Carbon Neutral by 2050, therefore when travelling we need to minimise the negative impact on the environment and maximise the benefits

- Consider alternatives to flying wherever possible
- Travel economy class – a business or first-class seat on a long-haul flight is responsible for 3 or 4 times more CO₂
- Minimise layovers
- Utilise collective ground travel for as many legs of your trip as possible
- Combine your global opportunity with a holiday or a trip to visit family – to minimise the number of trips you take abroad
- Whilst abroad – try to stay and shop local
- Maximise dissemination: Consider why you want to take part in this opportunity, and how it can be of benefit to you personally, your School, the University, or society more broadly?
- Talk to your classmates about your decision-making when travelling, or raise the issue within your School. It will help to normalise these discussions and develop a collective approach

Information courtesy of: **Sonya Peres, SOS (Students Organising for Sustainability) UK**