Recommended Reading to Learn about Black Lives Matter and Anti-Racism

By Dr Kavita Powley

Education is important to understand and support the Black Lives Matter movement. Below is a list of recommended books written by a diverse range of authors. They are suggested as literature to learn more about Black Lives Matter, and to encourage new ways of thinking about racial injustice, equality and inclusivity. Diversifying your knowledge and educating yourself can help you to better understand the experiences of Black people. The books listed are highly recommended as they raise awareness of diverse cultures and experiences, challenge assumptions, motivate people to realise their own privileges and suggest ways to be a better ally. Some books will also provide much needed support and empowerment. This is not an exhaustive list, there are several brilliant resources being shared online and are widely available in a range of formats and written by Black authors. Listen, learn and support.

- Americanah by Chimamanda Ngozi Adichie
- Barracoon: The Story of The Last Slave by Zora Neale Hurston
- Beloved by Toni Morrison
- Biased by Dr Jennifer Eberhardt
- Brit(ish) by Afua Hirsch
- Diversify by June Sarpong
- Don't Touch My Hair by Emma Dabiri
- Freedom Is A Constant Struggle by Angela Davis
- Girl, Woman, Other by Bernardine Evaristo
- Hood Feminism by Mikki Kendall
- How to Argue with a Racist by Adam Rutherford
- How to Be an Anti-Racist by Ibram X. Kendi
- I Am Not Your Baby Mother by Candice Brathwaite
- Inglorious Empire: What the British Did to India by Shashi Tharoor
- Me and White Supremacy by Layla F. Saad
- More than Enough by Elaine Welteroth
- Natives by Akala
- Overcoming Everyday Racism by Susan Cousins
- Queenie by Candice Carty-Williams
- Race Talk and the Conspiracy of Silence by Derald Wing Sue
- Seeing Race Again by Kimberlé Williams Crenshaw et al.
- Slay in Your Lane by Yomi Adegoke and Elizabeth Uviebinené
- So You Want To Talk About Race by Ijeoma Oluo
- Such a Fun Age by Kiley Reid
- Superior: The Return of Race Science by Angela Saini
- The Clapback: Your Guide to Calling Out Racist Stereotypes by Elijah Lawal
- The Good Immigrant by Nikesh Shukla
- The New Jim Crow: Mass Incarceration in The Age of Colorblindness by Michelle Alexander
- Think Like a White Man by Boule Whytelaw and Nels Abbey
- What Does It Mean to Be White? Developing White Racial Literacy by Robin DiAngelo
- When They Call You A Terrorist by Patrisse Khan-Cullors and Asha Bandele
- White Fragility by Robin DiAngelo
- White Privilege by Kalwant Bhopal
- Why I’m No Longer Talking to White People About Race by Reni Eddo-Lodge
- Your Silence Will Not Protect You by Audre Lorde